

My Goal Setting Template

Focus Area	Goal Statement (Example)	Ten Things you can do to achieve the goal statement
Spiritual Maturity		1. 2. 3. 4. 5. 6. 7. 8. 9. 10.
Good Health		1. 2. 3. 4. 5. 6. 7. 8. 9. 10.
Intellectual Growth		1. 2. 3. 4. 5. 6. 7. 8. 9. 10.
Financial Well being		1. 2. 3. 4. 5. 6. 7. 8. 9. 10.
Relationships		1. 2. 3. 4. 5. 6.

		7.
		8.
		9.
		10.
Contributions		1.
		2.
		3.
		4.
		5.
		6.
		7.
		8.
		9.
		10.

FINAL GOALS FOR ACTIONS

Focus Area	Goal Statement (Example)	Two things that will become your goals in each category
Spiritual Maturity		1.
		2.
Good Health		1.
		2.
Intellectual Growth		1.
		2.
Financial Well being		1.
		2.
Relationships		1.
		2.
Contributions		1.
		2.