**My Goal Setting Template**

|  |  |  |
| --- | --- | --- |
| **Focus Area** | **Goal Statement****(Example)** | **Ten Things you can do to achieve the goal statement** |
| **Spiritual Maturity** |  | 1.  |
| 2. |
| 3. |
| 4. |
| 5. |
| 6. |
| 7. |
| 8. |
| 9. |
| 10. |
| **Good Health** |  | 1.  |
| 2. |
| 3. |
| 4. |
| 5. |
| 6. |
| 7. |
| 8. |
| 9. |
| 10. |
| **Intellectual Growth** |  | 1.  |
| 2. |
| 3. |
| 4. |
| 5. |
| 6. |
| 7. |
| 8. |
| 9. |
| 10. |
| **Financial Well being** |  | 1.  |
| 2. |
| 3. |
| 4. |
| 5. |
| 6. |
| 7. |
| 8. |
| 9. |
| 10. |
| **Relationships** |  | 1.  |
| 2. |
| 3. |
| 4. |
| 5. |
| 6. |
| 7. |
| 8. |
| 9. |
| 10. |
| **Contributions** |  | 1.  |
| 2. |
| 3. |
| 4. |
| 5. |
| 6. |
| 7. |
| 8. |
| 9. |
| 10. |

**FINAL GOALS FOR ACTIONS**

|  |  |  |
| --- | --- | --- |
| **Focus Area** | **Goal Statement****(Example)** | **Two things that will become your goals in each category** |
| **Spiritual Maturity** |  | 1.  |
| 2. |
| **Good Health** |  | 1.  |
| 2. |
| **Intellectual Growth** |  | 1.  |
| 2. |
| **Financial Well being** |  | 1.  |
| 2. |
| **Relationships** |  | 1.  |
| 2. |
| **Contributions** |  | 1.  |
| 2. |